

# Campbell County Suicide Prevention Resource List

Suicide can be prevented. While some suicides occur without any outward warning, most people who are suicidal do give warnings. Prevent the suicide of loved ones by learning to recognize the signs of someone at risk, taking those signs seriously and knowing how to respond to them.

## Warning signs of suicide include:

### **Observable signs of serious depression:**

- Unrelenting low mood
- Pessimism
- Hopelessness
- Desperation
- Anxiety, psychic pain and inner tension
- Withdrawal
- Sleep problems

### **Increased alcohol and/or other drug use**

### **Recent impulsiveness and taking unnecessary risks**

### **Threatening suicide or expressing a strong wish to die**

### **Making a plan:**

- Giving away prized possessions
- Sudden or impulsive purchase of a firearm
- Obtaining other means of killing oneself such as poisons or medications

### **Unexpected rage or anger**

The emotional crises that usually precede suicide are often recognizable and treatable. Although most depressed people are not suicidal, most suicidal people are depressed. Serious depression can be manifested in obvious sadness, but often it is rather expressed as a loss of pleasure or withdrawal from activities that had been enjoyable. One can help prevent suicide through early recognition and treatment of depression and other psychiatric illnesses.

Please see refer to the resources listed in this booklet for help with emotional/mental health needs or crisis, support for grief related to the loss of a loved one by suicide, as well as resources if you have attempted in the past. To submit additions to this list or to request more information please feel free to contact the:

## **Campbell County Suicide Prevention Coalition**

1901 Energy Court. Suite 309

Gillette, WY 82718

(307) 696-8027

Keith Howard at [khoward@pmowyo.org](mailto:khoward@pmowyo.org)

Or – Find us on Facebook at <http://www.facebook.com/CampbellCountySuicidePreventionCoalition>

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# Campbell County Suicide Prevention Resource List

## Campbell County – Mental Health and Substance Abuse Counseling Resources

### [A Positive Solution Counseling Center, LLC](#)

201 W Lakeway Rd, Suite 1004. Gillette, WY 82716  
(307)682-3747  
Most insurance types accepted, no Medicare

### [Behavioral Health Services @ CCH](#)

501 S. Burma Ave, 5th Floor. Gillette, WY 82717  
(307)688-5000  
Psychological and Psychiatric Services

### [Bighorn Counseling](#)

801 E 4th St. #24. Gillette, WY 82718  
(307)686-6660  
Most insurance types accepted, no Medicare

### [Bridges Positive Paths](#)

400 S. Kendrick Ave. Ste. 204 Gillette, WY 82716  
(307) 685-7105

### [Brighter Horizons](#)

301 Richards Ave. Gillette, WY 82716  
(307) 685-6982  
Most insurance types accepted, no Medicaid/  
Medicare, Tri-Care or Tri-West

### [Clear Creek Counseling](#)

1001 S Douglas Highway Suite 110  
Gillette, WY 82716  
(307)686-9422  
Most insurance types accepted, no Medicaid/  
Medicare, Magellan or United Healthcare

### [Cottonwood Counseling and Consulting](#)

201 W. Lakeway Rd. Ste 905. Gillette, WY 82716  
Accepts Medicaid  
(307) 696-7160

### [Counseling Center](#)

1401 W. 2nd St. Suite 1 Gillette, WY 82716  
(307) 682-6699

### [Counseling Connections](#)

707 W. 8th St. Gillette, WY 82716  
(307) 685-8255  
Most insurance types accepted, no Medicaid/  
Medicare or Magellan EAP

### [Courage to Change Counseling](#)

113 S. Gillette Ave. Ste. 242. Gillette, WY 82716  
(307) 622-8616  
Accepts Medicaid

### [H.O.P.E. Counseling Services](#)

113 S. Gillette Ave. Suite 242. Gillette, WY 82716  
(307) 689-9090  
Accepts Medicaid

### [Kendrick Counseling](#)

400 S. Kendrick Suite 100. Gillette, WY 82716  
(307) 686-4062  
Most insurance types accepted, Medicare ac-  
ceptance varies by provider

### [Lukehart & Pierson Counseling LLC](#)

PO Box 1571 Gillette, WY 82717  
(605) 381-0068 or (307) 660-5876

### [Meadowlark Counseling](#)

201 W. Lakeway Rd. #511. Gillette, WY 82718  
(307) 686-0808  
Psychological Services

### [Patricia Nesbit](#)

601 S. Gillette Ave. Gillette, WY 82716  
(307)685-8182

### [Personal Frontiers, Inc.](#)

310 S. Miller Suite G. Gillette, WY 82718  
(307)686-1189  
Most insurance types accepted, patient reimburse-  
ment billing system

### [Powder River Behavior Consultation](#)

1901 Energy Court Suite 311  
Gillette, WY 82718  
(307) 248-6312 or (949) 922-3043

### [Y.E.S. House - Youth Emergency Services](#)

905 N. Gurley Ave. Bldg. C Gillette, WY 82716  
(307) 686-0669

# Campbell County Suicide Prevention Resource List

## Campbell County—Student/ Youth Resources

### Campbell County School District Student Support Services

Katie Jacobson and Jessica Diaz  
Student Assistance Coordinators  
800 S. Butler Spaeth Rd.  
Gillette, WY 82716  
(307) 686-7198

The health and safety of students is a top priority for Campbell County School District. Student Support Services promotes student well-being in order to achieve academic success. Mental health and substance abuse services are offered to any child under the age of 21 and resides in Campbell County. Services are provided through a partnership with CCH - Kid Clinic. School counselors are also available at each school in the district.

### Campbell County Kid Clinic

800 S. Butler Spaeth Rd  
Gillette, WY 82716  
(307) 688-8700

Kid Clinic provides mental health counseling, substance abuse counseling, and medical care for children ages 2 weeks through 21 years of age. Transportation is provided for Campbell County School District students for whom transportation is a roadblock to services. Kid Clinic bills private insurance, Medicaid, and CHIP. No child is denied services based solely on inability to pay. See your school counselor for a counseling referral. For medical care, call Kid Clinic at 688-8700 to make an appointment or access Skip the Wait at:

[http://www.cchwyo.org/Services/Kid\\_Clinic.aspx](http://www.cchwyo.org/Services/Kid_Clinic.aspx)

Walk In's are welcome.

### Department of Family Services

551 Running W Drive  
Suite  
Gillette, WY 82718  
(307) 682-7277

Youth and Family Service- This is a non-court involved service area that is available for families when they are in need of help or guidance with a child, children or the entire family. It is a time limited service up to 120 days. This program includes providing families with services, guiding them to other resources, and could also provide financial help for family services, if needed. A Youth and Family Services case is free and social service personnel will work with you on a family service plan to assist you and your family with your immediate needs.

### Gillette College

Office of Counseling and Disability Services  
300 Sinclair Street  
Gillette, WY 82718  
(307) 686-0254 x 2011

Free short term counseling services to college students are available. Crisis services are also offered and the Director of Counseling Services is available 24/7 for the residential hall staff, police department, and administration to contact with any emergencies.

### Y.E.S. House

Please see information listed in the next section.

# Campbell County Suicide Prevention Resource List

## Campbell County – Crisis/Emergency Resources

### National 24/7 Suicide Crisis Line

1-800-273-TALK (8255)

### Crisis Text Tipline

Text **“Energy”** to 741-741

A free, 24/7 Text Line for anyone in crisis.

### Behavioral Health Services

501 S. Burma Ave  
Gillette, WY 82716  
5th Floor  
Crisis Line (307) 688-5050

### Campbell County Health

Emergency Room  
501 S. Burma Ave  
Gillette, WY 82716  
(307) 688-1000

### Campbell County Sheriff’s Office

600 W Boxelder Rd  
Gillette, WY 82718  
(307) 682-7271 (non-emergency)  
911 (emergency)

### Gillette Police Department

201 E 5th St  
Gillette, WY 82716  
(307) 682-5155 (non-emergency)  
911 (emergency)

### Y.E.S. House

905 North Gurley Avenue  
Gillette, WY 82716  
(307) 686-7539

### Y.E.S. House Crisis Shelter

24/7 crisis line: (307) 686-7539

The Y.E.S. House provides emergency shelter for youth ages 10-17 who are in need of intervention, a time-out, protection and as an alternative to incarceration, as in the case of status offenders or delinquents awaiting court. Services available through this are:

- 24/7 crisis line: (307) 686-7539
- Alternative to incarceration for status offenders or delinquents awaiting court
- Supervision 24/7, family mediation and re-unification meetings
- May include social detoxification, counseling, referral to other services
- Youth daily fitness activities may include recreation center, YES House gymnasium, or a Ropes Course
- Volunteer opportunities at the Boys & Girls Club, Soup Kitchen, Council of Community Services, Library, Bee Hive Nursing Home or AVA art center.

# Campbell County Suicide Prevention Resource List

## Campbell County – Faith Community Directory

### [Antelope Valley Baptist Church](#)

2801 Antler Road. Gillette, WY 82718  
(307) 682-1602  
Spiritual counseling available through Pastor Doug Rumsey.

### [Calvary Community Church](#)

631 N. Commercial Drive. Gillette, WY 82716  
(307) 682-9553  
Grief Share group meets once per week on Thursday evenings at 7pm. This group is open to the community and covers a variety of types of grief and loss.

### [Central Baptist Church](#)

1170 Country Club Road. Gillette, WY 82718  
(307) 682-2543  
Pastoral counseling available for church members and the community at large.

### [Christ Our Redeemer Lutheran Church](#)

1010 Beaver Road. Gillette, WY 82718  
(307) 686-4080  
Pastoral counseling available for church members and the community at large.

### [Christian Church](#)

100 Flying Circle Dr. Gillette, WY 82716  
(307) 682-3316

### [Church at the Barn](#)

2010 4-J Road. Gillette, WY 82716  
(307) 685-2272

### [Church of Christ](#)

1204 T-7 Lane. Gillette, WY 82716  
(307) 682-2528  
Pastoral counseling available for church members and the community at large.

### [Church of Jesus Christ of Latter-Day Saints](#)

Two locations:  
1500 Ohara Drive. Gillette, WY 82716  
(307) 682-8131  
  
2903 Allen Ave. Gillette, WY 82718  
(307) 682-3662  
Congregation members may speak with their ward Bishop about seeking services with an LDS counselor.

### [Cornerstone Church of God](#)

406 S Brooks. Gillette, WY 82716  
(307) 686-6429  
Pastoral counseling available for church members and the community at large.

### [Faith Community Church](#)

177 American Road. Gillette, WY 82716  
(307) 682-7333

### [Family Life Church](#)

480 Wyoming 50. Gillette, WY 82717  
(307) 687-1083  
Pastoral counseling available one-on-one or members can request counseling services through Set Free Ministries.

### [First Assembly of God](#)

601 Carey Ave. Gillette, WY 82716  
(307) 686-2990  
Pastoral counseling available through Pastor Dan Holden

### [First Baptist Church](#)

501 S. Gillette Ave. Gillette, WY 82716  
(307) 682-4816

### [First Church of the Nazarene](#)

3010 West 4-J Road. Gillette, WY 82718  
(307) 682-2562  
Pastor Judith England is available for spiritual counseling and crisis intervention. She is available to the congregation as well as the community at large.

### [First Presbyterian Church](#)

511 Carey Ave. Gillette, WY 82716  
(307) 682-7264  
Pastoral primarily marriage counseling for church members, but is available for anyone in need.

### [First United Methodist Church](#)

2000 W Lakeway. Gillette, WY 82716  
(307) 686-7339  
Pastoral counseling available for church members and the community at large.



# Campbell County Suicide Prevention Resource List

## Campbell County – Faith Community Directory

### [Gillette Christian Center](#)

6201 Swanson Road. Gillette, WY 82718  
(307) 686-6680  
Pastoral counseling available to congregation. Appointments can be made by contacting the church.

### [Grace Bible Church](#)

4000 Collins Rd. E. Gillette, WY 82718  
(307) 686-1516  
Pastoral counseling available for church members and the community at large.

### [High Plains Community Church](#)

3101 W. Lake Road, Gillette WY 82718  
(307) 685-0044  
Spiritual counseling available through Pastor Dan Morgan. Support for the community at large is also available through Journey Counseling Ministries, a Christian counseling service through the church.

### [Holy Trinity Episcopal Church](#)

PO Box 2007 Gillette, WY 82717  
(307) 682-4296  
Father Tom Fiske (has experienced loss due to suicide) is available as a resource to community at large.

### [Jericho Baptist Church](#)

211 S Brooks Ave. Gillette, WY 82716  
(307) 686-5626  
Pastoral counseling available for church members and the community at large.

### [New Life Wesleyan Church](#)

1000 Comanche Ave. Gillette, WY 82718  
(307) 682-5642

### [Prince of Peace Lutheran Church](#)

203 Flying Circle Dr. Gillette, WY 82716  
(307) 682-4509

### [Roadway Alliance Church](#)

811 Hemlock. Gillette, WY 82716  
(307) 686-7738  
Pastoral counseling available for church members and the community at large.

### [Seventh Day Adventist Church](#)

901 Apricot. Gillette, WY 82716  
(307) 682-8465

### [St. Matthew's Catholic Church](#)

1000 Butler Spaeth. Gillette, WY 82716  
(307) 682-3319

### [Trinity Lutheran Church](#)

1001 E. 9th Gillette, WY 82716  
(307) 682-4886  
Pastoral counseling available for church members and the community at large.

### [Vineyard Christian Fellowship](#)

585 Westside Dr. Gillette, WY 82718  
(307) 686-2485

### [Westside Baptist Church](#)

604 West 10th St. Gillette, WY 82716  
(307) 682-3505  
Christian counseling available on Friday and Saturday by appointment with Pastor Gary Williams. Members can also receive help from one of the Deacons in the church.

## WRIGHT AREA

### [Blessed Sacrament Catholic Church](#)

624 Wright Blvd  
Wright, WY 82732  
(307) 682-3319  
Pastoral counseling available for church members and the community at large.



# Campbell County Suicide Prevention Resource List

## Survivor of Suicide Resources

### Online Support Groups

<https://www.afsp.org/coping-with-suicide-loss/where-do-i-begin/other-websites-organizations#onlinesupportgroups>

### Local Survivor Support Group

Survivors of Suicide Loss

Contact: Father Tom Fiske at 307-682-4296

Meeting Place: Gillette Tech Center

3251 South 4-J – Room 206

Meeting Day/Time: 1st Thursdays of each month from 6:30pm to 7:30pm

Facilitated by: Survivors of Suicide Loss

Charge: No

All ages welcome, meeting is an open, drop-in format.

### Local Bereavement/Grief Support

#### *The Grieve and Heal Support Group of Campbell County Health's Hospice Center*

This group runs several times throughout the year in 12 week sessions using the "Understanding Your Grief" book and journal from Dr. Alan Wolfelt.

Grief and bereavement support are offered to anyone in the community. Individuals can receive bereavement mailings, meet with the bereavement counselor, use their library of bereavement resources, attend support groups and attend bereavement events throughout the year. Contact Melisa Haddix at (307) 688-6230 for more information.

#### *Grief Share Group*

Held once per week on Thursday evenings at 7pm. This group is open to the community and covers a variety of types of grief and loss. The group meets at:

Calvary Community Church

631 N. Commercial Drive

Gillette, WY 82716

(307) 682-9553

#### *Father Tom Fiske*

(307) 682-4296

Father Tom Fiske has experienced loss by suicide is available as a resource to community at large.

### Grace for 2 Brothers Foundation

This foundation provides resource information and assistance to those who know someone in crisis, or to those who are in crisis; and provides support to survivors - those who have lost a loved one to suicide.

109 E 17th, Suite 12. Cheyenne, WY 82001

Office: (307) 432 - 4049 Toll Free: (877) 496 - 4049 Fax: (307) 432 - 4068

<http://www.gracefor2brothers.com>

### Other Wyoming Survivor Support Groups

<https://www.afsp.org/coping-with-suicide-loss/find-support/find-a-support-group/wyoming>



# Campbell County Suicide Prevention Resource List

## Attempt Survivor Resources

American Association of Suicidology (for attempt survivors) <http://attemptsurvivors.com>

Waking Up Alive <http://wakingupalive.org>

Taking Care of Yourself: After an Attempt [http://www.preventsuicideny.org/uploads/after\\_an\\_attempt.pdf](http://www.preventsuicideny.org/uploads/after_an_attempt.pdf)

## Additional Online Suicide Prevention Resources

Campbell County Suicide Prevention Coalition <http://www.facebook.com/CampbellCountySuicidePreventionCoalition>

Grace for 2 Brothers <http://www.gracefor2brothers.com> or <http://www.facebook.com/GraceFor2Brothers>

Grass Roots Initiative to Prevent Suicide <http://gripsuicide.org>

ReachOut.com – for teens and young adults [www.reachout.com](http://www.reachout.com)

The American Foundation for Suicide Prevention [www.afsp.org](http://www.afsp.org)

National Suicide Prevention Hotline <http://www.suicidepreventionlifeline.org>

Survivors of Suicide (SOS) <http://www.survivorsofsuicide.com>

American Association of Suicidology <http://www.suicidology.org>

The Suicide Prevention Resource Center <http://sprc.org>